

## STAY SAFE

1. Prior to being collected/picked up make sure that you are aware of the correct meeting place, time and who is meeting you.
2. Let someone know where you are going and what time you are intending to get home etc. Also how you are getting home i.e. public transport, walking, taxi, with a friend, family member.
3. Wait in a safe place i.e. within the confines of a building, school grounds etc. Make sure that you wait in a well lit/public area and that you feel safe
4. Try and wait with at least one other person or ideally a group of people
5. Always remain vigilant and be aware of your surroundings, who is about, what are they doing, do you know who they are. Try not to be distracted by wandering around talking on your mobile telephone or listening to your iPod.
6. Do not talk to strangers!!! Old fashioned as it may be it is still relevant and important.
7. If someone who you do not know tries to engage you in conversation ignore them and make your way to a safe **PUBLIC** place. Try to avoid going to private addresses unless absolutely necessary.
8. If using minicabs make sure that you use registered/licensed cabs at all times.
8. If you are concerned about something or someone suspicious then telephone the police as soon as possible if it happening or has only just happened. Use the emergency number and dial **999**.

If the incident happened several hours ago then still inform the police using the non-emergency **101** number.

The police are more than happy to respond to such calls and the quicker they get the call the more able they are to deal with the matter.

9. Just to reassure you; incidents of abduction and kidnap are very, very rare but it is important to use common sense with your own personal safety and let someone know if something suspicious happens.